



Work Together For Good

TOCUMWAL PUBLIC SCHOOL NEWSLETTER



Wednesday 6th March 2019

Term 1, Week 6

Principal: Darren White

Principal's Report

6 in a Row- Zone Swimming Carnival Champions



It was a superb day on Friday to attend the PSSA Finley Zone Swimming Carnival. Our 24 swimmers representing Tocumwal PS performed admirably throughout the day giving their very best in all races as we knew they would. All swimmers showed great determination and sportsmanship. This year they again shone out wearing the team attire. The Tocumwal students supported each other, cheering and chanting bringing their team mates home in all races. As a result, we won the overall championship team for the day. This makes it 6 years in a row. An extremely impressive effort by all students!

In addition, three individual highlights were: Heath Mansell awarded Junior Boys Zone Champion, Molly-Mae Ruigrok Junior Girls Zone Champion and Logan White being awarded 11Years Boys Zone Champion which included him breaking two Zone records in the process. Well done to all of them for their individual achievements.



A big thank you to all of our carnival parent helpers on the day including those who took on the stopwatches, also students from Finley High School who assisted with the many duties they were incredible. A big shout out to Robbo and Jenny Isedale (Finley Swim Club) for their roles as referees and stroke judges. We are so very grateful for your support and positive vibes.

Our P&C put in the big ones with a sensational array of food and drink choices at the carnival that was well supported. Thank you for setting up and providing all schools with nutritious and delicious foods. Your P&C team is amazing.

Finally to Beth Hatty who ran, organised and coordinated the Zone Carnival. A massive thank you for your time and commitment to making the day run so smoothly and stress free.

NB. At this week's assembly, ribbons will be presented from the Zone Swimming Carnival.

Regional Swimming Carnival

17 students have qualified for the Regional Carnival to be held in Albury on Wednesday 13th March. Congratulations to Mia Owen, Ashton Desailly, Molly-Mae Ruigrok, Heath Mansell, Alex Booth, Remmi Wardlaw, Adrienne Jones, Indiana Bear, Cooper Quick, Abigail Walsh, Tully Jones, Taylor Waldron, Charlie Locke, Will O'Connell, Cody Palmer, Jett Parker and Logan White. We wish our representative swimmers the best of swimmers luck in their events and hope that they qualify for the State Championships.

Important Dates

Friday 8th March

Nitbusters

P&C Meeting 3.30pm

Clean Up Australia Day

Monday 11th March

Year 6 FHS Forensics Day

Wednesday 13th March

Regional Swimming Carnival

Thursday 21st March

Harmony Day

Friday 5th April

School Photos

Friday 12th April

Last Day Term 1



Miley Palmer
Lauren Jarrett



Mathletes of the Week:

Infants:

Jayden Huang

Primary:

Cody Palmer

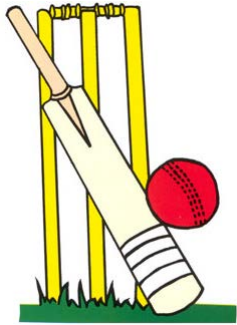
Email: tocumwal-p.school@det.nsw.edu.au or visit our website: www.tocumwal-p.school.nsw.edu.au

Phone: (03) 58 742 128

Fax: (03) 58 742 281

Western Riverina AFL Trials

This afternoon 6th March a number of students from Years 5 and 6 will be trying out for the Finley Zone AFL team to play in the Western Zone AFL trials on March 21st in Leeton. The students will be put through their paces at the Berrigan Football oval. They will need to display the fundamentals of kicking, bouncing, handballing, tackling and shepherding as part of the trials. At the end of the session they will find out if they will be selected into the team. Good Luck to all of those boys trying out for the team.



Brian Taber Shield-NSW PSSA Cricket

Yesterday our boy's cricket team travelled to Finley to play in the first round of the NSW PSSA Cricket Knockout.

Winning the toss our captain Charlie decided to have a field first so the team could see how the pitch was playing (so I was told). Steaming in with the wind at his back was Logan White opening the bowling for Toc. A maiden first up was a great start. Then Charlie Locke, accurate as ever, created the first upset getting our first wicket, bowling the stumps over. Then chiming in with another two wickets as the game progressed putting Finley well and truly on the back foot. Alex Booth and Sam Bennett continued the demolition with their pace and spin attack combination netting them a wicket each.

With the wonderful fielding efforts of Chace Brunskill, Heath Mansell, Ryan Huang and Jett Parker, runs for Finley were hard to come by. Liam Sutton was relieved from the wicket keeping role to send down some thunder of his own with the support of Rory Shepherd and Will O'Connell who all kept the run rate at a bare minimum with the superb fielding of Chase McNair paying dividends. After 20 overs Finley had amassed a total of 54 runs. The run chase couldn't have started any better with Liam Sutton and Charlie Locke belting the ball around the field and putting pressure on the fielders with their quick singles. After 10 overs and a 42 run partnership with both boys on a score of 20 runs each, we retired them with their wickets still in hand. This brought to the crease Rory Shepherd and Logan White to take over where the openers had left off. It wasn't long before the willow was being wielded by the boys and the runs again started flowing freely once more. Logan quick to get off the mark had 16 runs to his name after only 3 overs so it was decided to retire him and let another of our talented batsmen have a turn of the fun. Rory pushed the ball around before the stumps made that horrible rattling sound. Alex Booth and Jett Parker dug in deep and picked up a few handy runs before getting run out and bowled respectively. Will O'Connell and Sam Bennett looked the goods as they cashed in on some wayward bowling each hitting a few fours to add to our tally. With only 3 overs remaining and a great catch removing Will from his crease, Sam was retired not out so as to let Chace Brunskill and Heath Mansell have a taste of PSSA cricket. The boys didn't disappoint. Heath and Chase faced ball after ball looking for runs in the field. Tight fielding restricted them to a couple of runs each but they were better for the experience. Sadly we ran out of overs before Ryan Huang and Chase McNair could show what they were capable of.

After our 20 overs with the bat our score was 102 runs. This gave Toc PS a decisive victory and left onlookers with no question who had won the game. The boys bellowed out the new version of the winning team's cricket song all the way home and again as they entered the school walking tall as the victors of the day's battle. A big thank you to Artie Owen for umpiring for us as he always does. Hopefully he will be available when we play our next game against Deniliquin North PS in the not too distant future.

Nitbusters Day- Friday 8th March 2019

We will be running our first Nitbusters day **on Friday 8th March 2019** with a follow up day in Term 3.

NITBUSTERS is a joint project between NSW Health, NSW Department of Education & Training, Federation of School Councils and the Federation of P&C Associations. The project aims to educate schools, children and parents about head lice and how to remove them.

Each child needs a signed Parent Consent Form before they can be screened. No child can participate without a signed consent form, nor penalised in any way for not participating, though every child is encouraged to participate. Parents/guardians and/or children can withdraw from the screening at any time. Those children not participating can learn how to remove lice and eggs and identify them.

On Nitbusters Day, each child will have their hair inspected to determine if there is an active infestation. Hairdressers will wear gloves to undertake the screening. No treatment will be performed at school. Upon completion, the child's hair will be combed and tidied.

A confidential note will be sent home to all parents indicating whether lice or nits were detected on your children or not. If your child is identified as having nits they will be sent home with a complimentary packet of products for treatment in the privacy of home. All parents/guardians, regardless of whether their children participated in the program, will receive an information sheet on how to treat for headlice.

Please return the consent form attached to this information sheet to school on or before Friday 8th March 2019.

Clean Up Australia Day

Our school will participate in Clean Up Australia Day activities this Friday 8th March. Children are encouraged to bring in some rubbish bags and gloves or tongs to help clean up our school and local area.

School Fees

The 2019 School Fee contribution form was sent home in Week 3. This also takes into account the cost of text books and consumables. It also has the option to buy a Riversider (School Magazine 2019) at a reduced price at the start of the year. It would be appreciated if you could return the form to the school office with your payment promptly. We thank you in advance for your contribution.

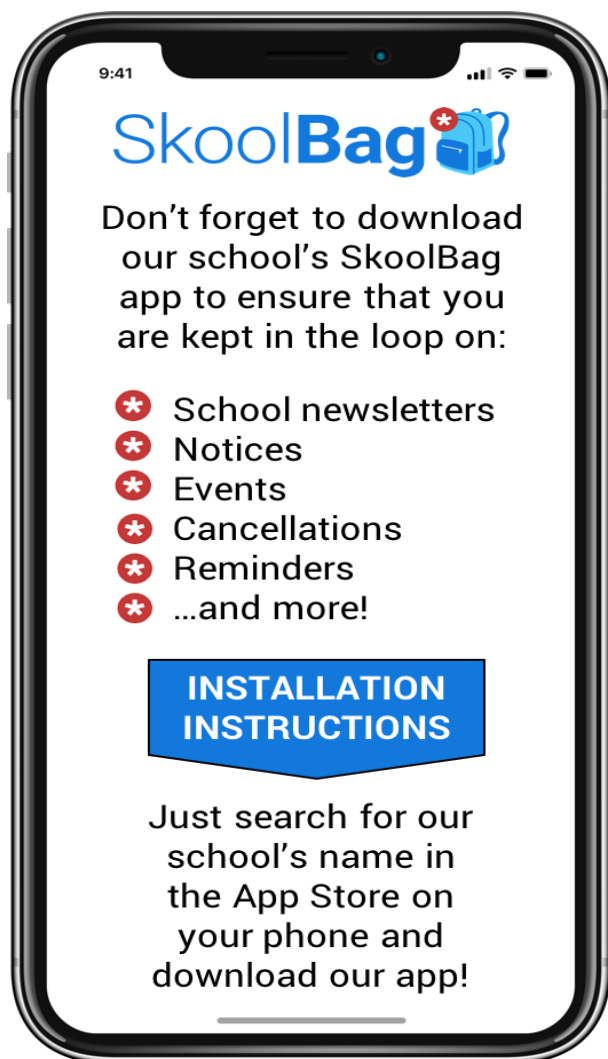
Skoolbag App

Skoolbag is our parent communication app for parents and caregivers of students from our school. This app has many functions from being able to alert parents from individual classes or the whole school of events that are coming up or to notify if the bus is running late home from an excursion. It uses free push notification alerts. It will have the latest newsletter for you to view as well as having the functionality for parents to send an absentee note directly to school if your child is away. If you get stuck come in and see us here at school we will be only too happy to help you install it.

Our aim is to further develop our communication between school and home.

Reminder: If your child is absent from school just fill out an absentee form on the Tocumwal skoolbag App and send it through electronically. It is very easy to do.

Darren White



Canteen Roster		
Term 1		
Friday 8 th Mar	All Day:	Laura Palmer
Friday 15 th Mar	9am-12pm: 11.30pm-2.30pm	Michelle Su Alicia Haley
Friday 22 nd Mar	All Day:	Katrina Chellew
Friday 29 th Mar	All Day:	Corinne East
Friday 5 th Apr	All Day:	Laura Palmer
Friday 12 th Apr	All Day:	Leonie Dawes



This Friday 8th March.

Remember to bring some rubbish bags and gloves or tongs.



SunSmart Snippet

The simplest way

... to choose a SunSmart hat

A SunSmart hat not only protects the face, head, neck and ears, it can also reduce the amount of UV radiation reaching the eyes by 50%.



CHOOSE a SunSmart hat:

- Broad-brimmed hats
- Bucket hats
- Legionnaire style hats

Baseball caps and sun visors do not protect the cheeks, ears and back of the neck and are not recommended.

To help keep your kids safe in the sun, check your schools SunSmart status by heading to www.sunsmartnsw.com.au



The simplest way

... to choose foods for the lunch box

Pick one food from each food group:

Breads & Cereals: rich in carbohydrates, the body's preferred source of energy – perfect for kids to play and learn all day.



Veggies & Salads: high in fibre and packed full of vital vitamins and minerals to boost health and help maintain a healthy weight.

Meat & Alternatives: rich in protein, iron and zinc.

Dairy: important for growing healthy bones and teeth.

Fruit: naturally sweet and refreshing the perfect snack for growing bodies.

For simple ideas on foods from each group visit healthylunchbox.com.au

healthylunchbox.com.au

Community Notes

FINLEY JUNIOR BASKETBALL COMPETITION

Monday Afternoons at Finley Memorial Hall -See below schedule

Mini Ballers (Years K-2, modified court size and hoop, 2 x 10 min halves)

Ballers (Years 3-6, full court, 2 x 15 min halves)

COST: "Try and play": FREE Mini-ballers competition: \$30 each Ballers competition: \$50 each
*Family discounts apply"

REQUIREMENTS: Players play at their own risk. New participants must have their parent or guardian sign a Council indemnity form. The form will be available during the try and play period

Week	Date	Mini Ballers Times*	Ballers Times*
1 – TRY AND PLAY	1 April 2019	3:30 – 4:10	4:20 – 5:30
2 – TRY AND PLAY	8 April 2019	3:30 – 4:10	4:20 – 5:30
SCHOOL HOLIDAYS			
3 – TRY AND PLAY	6 May 2019	3:30 – 4:10	4:20 – 5:30
4	13 May 2019	3:30 – 4:10	4:20 – 5:30
5	20 May 2019	3:30 – 4:10	4:20 – 5:30
6	27 May 2019	3:30 – 4:10	4:20 – 5:30
7	3 June 2019	3:30 – 4:10	4:20 – 5:30
QUEENS BIRTHDAY			
8	17 June 2019	3:30 – 4:10	4:20 – 5:30
9	24 June 2019	3:30 – 4:10	4:20 – 5:30
10 – FINALS	1 July 2019	3:30 – 4:10	4:20 – 5:30

*Times subject to change depending on number of teams

At this stage (due to planned renovation works), we are unable to confirm use of the Memorial Hall after 1st July 2019. This is why (at this stage) the competition will only run during Terms 1 and 2.

Junior Basketball Co-ordinator – Aaron Taylor: 0428 768 652