



Work Together For Good

# TOCUMWAL PUBLIC SCHOOL NEWSLETTER

Wednesday 27<sup>th</sup> May, 2015

Term 2, Week 6.

«Given\_Name\_» «Surname\_»  
«Roll Class Student»



Principal: Darren White

## Principal's Report

### Boys Softball

The boys' softball team will take on Sturt Public School this Friday 29<sup>th</sup> May in the Riverina PSSA Semi- Final. The game will be played in Wagga at Frenchs Field at 10:30am. Good luck to the team who have trained hard and shown great improvement.

### University of NSW Science Test

Next Wednesday, students who have nominated will sit the University of NSW Science Test. This test is entered by students all over Australia and Indonesia. It primarily deals with scientific concepts, logic and graphing and measurement skills. Good luck to those students who will take on the challenge.

### Student Reports

All students will receive their school reports on Friday 19th June 2015. If any families require additional copies, for another parent not living with your child, could you please notify the school.

### Lions Club Public Speaking Competition

On Friday 20<sup>th</sup> June, students in Years 3-6 will be moving to the library to watch the school finals of the Lions Club Public Speaking Competition. Leading up to the finals, students in Yrs. 3-6 will hold in-class competitions, whereby students were selected to compete in the 3-4 and 5-6 categories. Representatives from the Tocumwal Lions Club will be adjudicating the competition and selecting an eventual winner to compete at the club level at their next meeting. All interested parents are welcome to be part of the audience. Good luck to all competitors.

### Parenting ideas

Parenting expert Michael Grose opened his Facebook page to readers' questions for a little while recently and was inundated. It's worth jumping online to have a look - if only to see you're not alone in your parenting challenges.

Find out more: <https://www.facebook.com/parentingideas.com.au>

### Lollies at School

Students are not encouraged to bring lollies to school as it may interfere with their opportunities to learn and sit still in class. If students need a snack to get them through the day, we support the idea of fruit breaks as fruit provides a sustained and more natural release of sugars into the bloodstream.

## Important Dates

**Thursday 28<sup>th</sup> May**

SRC Beanie Day

**Friday 29<sup>th</sup> May**

Boys Softball  
Sturt Public School

**Wednesday 3<sup>rd</sup> June**

UNSW Science

**Friday 5<sup>th</sup> June**

Tony Locket Shield

**Monday 8<sup>th</sup> June**

Queen's Birthday Holiday

**Wednesday 10<sup>th</sup> June**

P&C Meeting 7.30pm

**Friday 12<sup>th</sup> June**

Lions Club Public Speaking  
9.30am

**Tuesday 16<sup>th</sup> June**

UNSW Spelling

**Friday 19<sup>th</sup> June**

P&C Movie Night

**Happy Birthday**

Sascha Jones 30th



**MATHLETICS**  
Inspiring Better Results

**Mathletes of the Week:**

**Infants:**

Sienna Keith

**Primary:**

Samantha Anderson-

Catchpool

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### Speech problems

All children learn how to talk and listen at different rates but there is a general pattern to children's language development. If you're worried about your child's speech development – or their teacher has concerns – the best thing you can do is get it checked out professionally.

Find out more: <http://www.schoolatoz.nsw.edu.au/wellbeing/health/speech-problems>

### Tissues

Each year as we enter into the cooler months, we find the demand on our tissue resources very high. Each year we ask each class member to supply a box of tissues to the class to help with the drawbacks of the winter months. Many students have already started bringing in their class tissues and we thank them for their promptness. Students are to hand their box of tissues to their own class teacher.

**Darren White**

### SRC Beanie Day

Tomorrow, Thursday 28<sup>th</sup> May, the SRC are having a Beanie Day, to raise money and awareness for brain cancer. They are asking everyone to wear a colourful beanie, bandana or a cool hat and bring a donation to support the cause. It is not an out of uniform day, so normal uniforms must be worn.

### Simultaneous Story Time

Today the students from Kinder, Year One and Two walked down to the Tocumwal Pre-School to participate in National Simultaneous Story Time. National Simultaneous Story Time is an annual campaign put on by the Australian Library and Information Association. The campaign aims to encourage more young Australians to read and enjoy books.

This year we joined Tocumwal Pre-school and Sacred Heart to listen to the picture book: "The Brothers Quibble". The story is about *Spalding Quibble - a boy who ruled the roost. He shared it with no other. But then his parents introduced a brand new baby brother. Uh oh.*

The children were thoroughly entertained by story teller, "Grannie Annie", Anne Beveridge as she read about Spalding and his baby brother.

Leanne Waldron from the local library was on hand to help and after listening to the story the students then had a chance to make their own crown. They used pencils, textas and coloured paper to decorate their works of art. It was great to see the children all come together to create these.



*Infants Student of the Week:*  
**Alice Bouchier**



*Primary Student of the Week*  
**Rhylie DeRijcke**



*Playground Award:*  
**Chloe McKenzie**

### Values Education:

#### *Kinder:*

Talia Baron

#### *Year 1:*

Tevita Haunga

#### *Year 2:*

Rory Shepherd

#### *Year 3:*

Jessica Bennett

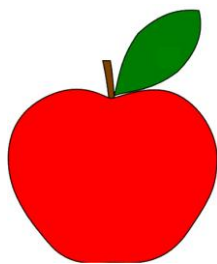
#### *Year 4/5:*

Lizzie Locke

#### *Year 5/6:*

Will Anderson

## Canteen Roster Term 2



### Fri 29<sup>th</sup> May

9am-11.30am Michelle Hack  
11.30am-2pm Bec Ball

### Fri 5<sup>th</sup> June

9am-11.30am Laura Palmer  
11.30am-2pm **Volunteer Needed**

### Fri 12<sup>th</sup> June

All Day Jane Bouchier

### Fri 19<sup>th</sup> June

9am-11.30am **Volunteer Needed**  
11.30am-2pm **Volunteer Needed**

### Fri 26<sup>th</sup> June

9am-11.30am **Volunteer Needed**  
11.30am-2pm **Volunteer Needed**

## P&C News

### P&C Meeting

The next P&C meeting will be held on Wednesday 10<sup>th</sup> June @7.30pm. All welcome.

### Movie Night

Save the date for the next P&C Movie Night.

Friday 19<sup>th</sup> June.

More details to come.



### Out of School Hours care

The Out of School Hours (OOSH) Program provides quality, centre based childcare in Deniliquin. OOSH offers both After School Care and Vacation Care in a fully accredited, safe and caring environment. Fun and exciting activities for children are programmed to ensure a variety of choices are made available for children to experience and enjoy including art, craft, cooking, drama, excursions, indoor/ outdoor activities and much, much more.

### Vacation Care

NSW School Holidays, Monday – Friday, 8am – 6pm  
Including Pupil Free Days  
Closed Public Holidays

### After School Care

NSW School Terms, Monday – Friday, 3pm – 6pm

### OOSH is Child Care Benefit (CCB) Approved

Fee reduction through the CCB is available to most families.

For more information call Intereach Family Centre on **03 58905260**



### Year 6 Open Night at Finley High School

Date: Wednesday 3<sup>rd</sup> June 2015 at 5.30pm

Where: Finley High School Hall

The Open Night is a chance for Year 6 students and their parents to explore the different areas of the school and gain an insight into what subjects are offered.

## Canteen Roster Term 2, 2015.

I am able to be placed on the Canteen Roster for Term 2, 2015.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

(Please tick)

I am willing to do: ☐ one ☐ two ☐ three days this term.

I am available: ☐ All Day 9am – 2pm

☐ Morning 9am-11.30am

☐ Afternoon 11.30am-2pm

I am able to assist on the following dates:

☐ Friday 5<sup>th</sup> June

☐ Friday 19<sup>th</sup> June

☐ Friday 26<sup>th</sup> June

\* Please return slip to the office as soon as possible

## \$20 Portrait Fundraising Event

The entire \$20 goes directly to your Prechool for fundraising plus up to 20% of what you spend.



Ask your friends, neighbours and extended family - anyone can book in - call Jess on 5874 3241

- ☒ Book early - Limited appointments available!
- ☒ Only \$20 for your 30 minute sitting and 20x25cm Group Photograph
- ☒ Opportunity to order extra prints and own your digital files



Email: [tocumwal-p.school@det.nsw.edu.au](mailto:tocumwal-p.school@det.nsw.edu.au) or visit our website: [www.tocumwal-p.school.nsw.edu.au](http://www.tocumwal-p.school.nsw.edu.au)

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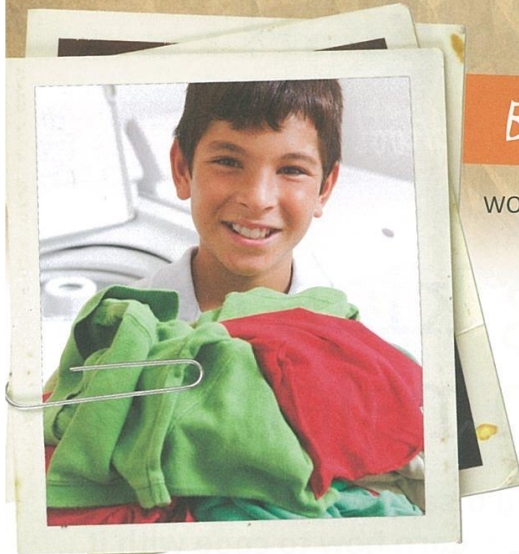
Fax: (03) 58 742 281



# Parenting *ideas* INSIGHTS

*Building parent-school partnerships*

WORDS Michael Grose



## Do less, not more, for your kids

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them.

The basic task of parenting, whether you have a two year old or a twenty-two year old, is to work yourself out of a job at the first possible chance.

REDUNDANCY should be the aim of the game! We never become redundant in a relationship sense – the emotional connection between our children and us is never severed.

In a practical, physical way we need to make children less, rather than more, reliant on us.

Developing independence is really about stepping back to allow children in. Doing less rather than more!

We develop greater independence in our kids one job at a time. Recently I gave my 22 year old son a job that I had been doing for a while. He lives in North America and I had taken on the job of being the connector between him and one of his sisters, who lives in the UK. It had been my job to pass messages on between the two via telephone and emails. I would update each of them about how the other sibling was going.

Frustrated being the go-between I made sure he had contact details and let him know that it was his job, not my job, to connect with his sister.

### WE EASILY TAKE ON CHILDREN'S RESPONSIBILITIES

It is easy as parents to take on the jobs and responsibilities that really should belong to our children. With toddlers it is so easy to dress, feed and clean up after them rather than give these jobs over to them.

With school-aged children we can find ourselves making lunches, getting kids out of bed and cleaning out schoolbags rather than giving these basic tasks of living over to them. And as I discovered, it is easy to still do the basics of life for adult-aged children.

### TIP NO. 1 for developing independence:

Like children, every teacher is different with their own specific expectations, goals and interests. Get to know your child's teacher and gain an understanding of their approach and aspirations for your child's class.

### TIP NO. 2 for developing independence:

Never be more worried about a child's job than they are, otherwise it becomes your job, not theirs.

This mum remained very clear that it was her job to wash the clothes but not to place them in the washing basket. She would remind kids about washing night, but never nag them to put clothes in the basket. She knows that as soon as she keeps reminding them, it becomes HER job rather than her children's job to put the washing in the clothes basket.

The school holidays provides a good opportunity to reflect on the whole notion of job-sharing. It's also a good time for kids to increase their job load when they are not burdened with schoolwork and extracurricular activities.

**Here's my challenge for you:** Think of a job that you regularly do for your child that he or she can do for him or herself. Then step back and enable your child to do that for themselves on a full-time basis. Do less not more for your kids.

If you do that, then you can congratulate yourself as you have moved one step more toward REDUNDANCY.



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at [parentingideasclub.com.au](http://parentingideasclub.com.au). You'll be so glad you did.



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